

GUARD YOUR FAMILY

PERUNA protects the family against coughs, colds, catarrh, bronchitis, catarrh of the stomach, liver and kidneys. It is just as sure to relieve a case of catarrh of the bowels as it is a case of catarrh of the head.

Anyone suffering from catarrh, severe or mild, acute or chronic, in any organ or part of the human body, should at once get a bottle of PERUNA.

As soon as the value of PERUNA is fully appreciated in every household, both as a preventive and a relief from catarrhal affections, tens of thousands of lives will be saved and hundreds of thousands of chronic lingering cases will be prevented. PERUNA, indeed, is a household safeguard.

A course of PERUNA never fails to bring relief in such cases, since there is no remedy like it, as thousands of people have testified. **Peruna Tablets are now available in convenient tins. Easy to take.**

Two Deluded Souls.

Bix—I wonder if Doctor Cook really thought he discovered the North pole? Dix—Possibly! We all make mistakes. Why, when I married my wife I thought I had discovered paradise.

MOTHER! LOOK AT CHILD'S TONGUE

If cross, feverish, constipated, give "California Syrup of Figs."

A laxative today saves a sick child tomorrow. Children simply will not take the time from play to empty their bowels, which become clogged up with waste, liver gets sluggish; stomach sour.

Look at the tongue, mother! If coated, or your child is listless, cross, feverish, breath bad, restless, doesn't eat heartily, full of cold or has sore throat or any other children's ailment, give a teaspoonful of "California Syrup of Figs," then don't worry, because it is perfectly harmless, and in a few hours all this constipation, sour bile and fermenting waste will gently move out of the bowels, and you have a well, playful child again. A thorough "inside cleansing" is oftentimes all that is necessary. It should be the first treatment given in any sickness.

Beware of counterfeit fig syrups. Ask at the store for a 50-cent bottle of "California Syrup of Figs," which has full directions for babies, children of all ages and for grown-ups plainly printed on the bottle. Adv.

Probably.

Wife—I don't know what makes Miss Crankleigh so positive about everything. Hub—Probably her sex, my dear.

THICK, GLOSSY HAIR FREE FROM DANDRUFF

Girls! Beautify Your Hair! Make It Soft, Fluffy and Luxuriant—Try the Moist Cloth.

Try as you will, after an application of Danderine, you cannot find a single trace of dandruff or falling hair and your scalp will not itch, but what will please you most, will be after a few weeks' use, when you see new hair, fine and downy at first—yes—but really new hair—growing all over the scalp.

A little Danderine immediately doubles the beauty of your hair. No difference how dull, faded, brittle and scraggy, just moisten a cloth with Danderine and carefully draw it through your hair, taking one small strand at a time. The effect is immediate and amazing—your hair will be light, fluffy and wavy, and have an appearance of abundance; an incomparable luster, softness and luxuriance, the beauty and shimmer of true hair health.

Get a 25 cent bottle of Knowlton's Danderine from any store and prove that your hair is as pretty and soft as any—that it has been neglected or injured by careless treatment—that's all. Adv.

Cruel Comment.

"Mr. Smithers says he would die for me." "He can't. He's too bald."

HOW WONDERFULLY RESINOL SOOTHES ITCHING SKINS!

If you have eczema, ringworm or other itching, burning, sleep-destroying skin-eruption, try Resinol Ointment and Resinol Soap and see how quickly the itching stops and the trouble disappears. Resinol Ointment is also an excellent household remedy for dandruff, sores, burns, wounds, chafings and for a score of other uses where a soothing, healing application is needed.

Resinol contains nothing of a harsh or injurious nature and can be used freely even on the most irritated surface. Every drugstore sells Resinol Ointment and Resinol Soap.—Adv.

The death rate in the United States for 1914 was 13.6 a 1,000, the lowest rate ever recorded in this country.

INTERNATIONAL SUNDAY SCHOOL LESSON

By E. O. SELLERS, Acting Director of Sunday School Course of the Moody Bible Institute, Chicago.
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LESSON FOR MARCH 26

REVIEW—THE GREAT MULTITUDE.

READING LESSON—Revelation 7:9-17. GOLDEN TEXT—They shall hunger no more, neither thirst any more; neither shall the sun strike upon them, nor any heat; for the lamb that is in the midst of the throne shall be their shepherd, and shall guide them unto fountains of waters of life; and God shall wipe away all tears from their eyes.—Rev. 7:16, 17.

I. General Information.—Omitting lessons 4, 7 and 11, all of the past quarter's work has to do with the early, the apostolic church, covering a period of time from A. D. 30 to perhaps A. D. 37, six or seven years. The chief events are the resurrection of Jesus, the coming of the Holy Spirit, the change in the apostles, particularly Peter, the conversion and baptism of 3,000 believers, fellowship and wonders worked among these believers, the beginning of persecution, the selection of seven deacons, Stephen's testimony and death, the dispersion of the Christians, the work of Philip, great growth in the early church.

Historically these lessons have to do with the things that Jesus began and continued to do after his resurrection through the power of the Holy Spirit. It is, therefore, a story of the power of the risen Christ. The principal characters are of two classes. (1) The leading workers. Of these are: Peter and John, apostles; the 120 disciples, Barnabas, the seven deacons, particularly Stephen and Philip; the Ethiopian eunuch and Gamaliel, who gave some friendly assistance. (2) The chief enemies: Those who falsely accused the apostles, the rulers of the Jews and the temple, Ananias and Sapphira, Saul and Simon Magnus.

It is not difficult to paint a word picture of the events of the past quarter. This may be done by assigning to separate pupils such questions as: Where, when and why did the event of this lesson occur? To another pupil assign the task of telling what he thinks the scene looked like, and to still another to name the chief persons mentioned in each lesson. Let these assignments omit lessons 4, 7 and 11, which do not chronologically fit into the work of this quarter. The remaining pupils should be primed to supply any omitted facts and to correct any mistakes.

I. The Coming of Power. Lesson 1. The ascension of Jesus is one that shows us the risen Christ as the giver of the Holy Spirit and he is the All Powerful One who has carried forward the things Jesus "began to do." Lesson 2. This is very much the same except that it suggests the main side of this transaction. As the early disciples obeyed, they received. In like manner the Spirit is given today to those that "ask him." Lesson 3 shows what effect we may anticipate when we proclaim the fact of the risen Christ.

II. The Use of Power. Lesson 5 (omitting No. 4) has to do with the daily walk and work of those who had so recently received this newly bestowed power. Through his servants, Jesus, by the power of the Spirit, heals and makes strong the lame man at the temple gate—a case of "applied Christianity," the power of practical social service. As a result of this service Peter and John (Lesson 6) had opportunity to give their testimony to the rulers, the result of which confounded the enemies who thought they had conquered Christ at Calvary—the use of power in testimony. The further evidence of how this new power was using men is that given in lesson 8, the Christian Brotherhood at Jerusalem.

III. The Test of Power. Stephen (Lesson 10) was one of those who had been separated for the care of the temporal affairs of the early church, yet his testimony and martyrdom easily makes him more famous than most of the apostles and forever exalts the layman in the Christian church.

One other (Lesson 12) of those seven deacons, Philip, was also so signally used and blessed that his name and deeds are almost as familiar to us as is the work of Stephen.

In the first case this newly bestowed power filled the witness with a calmness and courage that will always remain an inspiration, while in the second illustration Philip so gave himself to the direction and leadership of the Spirit as to go where he was sent; and when to human judgment his presence was essential to the carrying on of a great revival, he obeyed the new command and left the multitude to deal with a single individual.

Jesus makes no reference to the "mass consciousness" and the Holy Spirit's power receives no greater or more far-reaching test than that which had to do with its dealings with the individual soul.

Each teacher should see to it that each scholar shall read these eight chapters several times, if possible, before the review occurs, in order that they may see the quarter's work as a whole, for it is indeed one story: the story of the risen Christ winning men to himself and equipping them to go forth in obedience to his last great command (Luke 24:46-49; Acts 1:8).

"CASCARETS" FOR LIVER, BOWELS

For sick headache, bad breath, Sour Stomach and constipation.

Get a 10-cent box now.

No odds how bad your liver, stomach or bowels; how much your head aches, how miserable and uncomfortable you are from constipation, indigestion, biliousness and sluggish bowels—you always get the desired results with Cascarets.

Don't let your stomach, liver and bowels make you miserable. Take Cascarets to-night; put an end to the headache, biliousness, dizziness, nervousness, sick, sour, gassy stomach, backache and all other distress; cleanse your inside organs of all the bile, gases and constipated matter which is producing the misery.

A 10-cent box means health, happiness and a clear head for months. No more days of gloom and distress if you will take a Cascaret now and then. All stores sell Cascarets. Don't forget the children—their little insides need a cleansing, too. Adv.

One Good Shot.

Bill—Yes, I fired my rifle at the bear twice.

Jill—But you said you only had one load of ammunition in the gun?

"That's right. I missed him the first time, but hit him the second."

"But I thought you had one load of ammunition?"

"That's right. I threw the gun at him when I hit him."

To keep clean and healthy take Dr. Pierce's Pleasant Pellets. They regulate liver, bowels and stomach.—Adv.

His Choice.

"The fireman in the stable just now is looking for a horse."

"I suppose he wants a plug."

SWAMP-ROOT STOPS SERIOUS BACKACHE

When your back aches, and your bladder and kidneys seem to be disordered, remember it is needless to suffer—go to your nearest drug store and get a bottle of Dr. Kilmer's Swamp-Root. It is a physician's prescription for diseases of the kidneys and bladder.

It has stood the test of years and has a reputation for quick and effectively giving relief in thousands of cases. This prescription was used by Dr. Kilmer in his private practice and was so very effective that it has been placed on sale everywhere. Get a bottle, 50c and \$1.00, at your nearest drugist.

However, if you wish first to test this great preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper.—Adv.

Admonition Applied.

"Young man, don't you know that it's better to be alone than in bad company?"

"Yes, sir. Good-by, sir."

Whenever You Need a General Tonic Take Grove's

The Old Standard Grove's Tasteless Tonic is equally valuable as a General Tonic because it contains the well known tonic properties of QUININE and IRON. It acts on the Liver, Drives out Malaria, Enriches the Blood and Builds up the Whole System. 50 cents.

Furnishing Cooks.

"There is a fellow who deals in treasures."

"Jewelry biz?"

"Nope; employment office."

GRANDMA USED SAGE TEA TO DARKEN HAIR

She mixed Sulphur with it to Restore Color, Gloss, Youthfulness.

Common garden sage brewed into a heavy tea with sulphur added, will turn gray, streaked and faded hair beautifully dark and luxuriant. Just a few applications will prove a revelation if your hair is fading, streaked or gray. Mixing the Sage Tea and Sulphur recipe at home, though, is troublesome. An easier way is to get a 50-cent bottle of Wyeth's Sage and Sulphur Compound at any drug store all ready for use. This is the old time recipe improved by the addition of other ingredients.

While wispy, gray, faded hair is not sinful, we all desire to retain our youthful appearance and attractiveness. By darkening your hair with Wyeth's Sage and Sulphur Compound, no one can tell, because it does it so naturally, so evenly. You just dampen a sponge or soft brush with it and draw this through your hair, taking one small strand at a time; by morning all gray hairs have disappeared, and, after another application or two, your hair becomes beautifully dark, glossy, soft and luxuriant.

This preparation is a delightful toilet requisite and is not intended for the cure, mitigation or prevention of disease.—Adv.

London's telephone and telegraph wires extend 73,500 miles overhead and 921,000 miles underground.

PRICE OF TOBACCO MAY BE LOWER

RESTRICTION OF ITS IMPORTATION BY ENGLAND WILL PROBABLY BE FELT.

GET OPINION OF EXPERT

Federal Department Has Promised Major Graham Some Additional Information in Near Future.

Raleigh.—It begins to look now as if the order issued by the British Government February 16 is going to affect seriously the tobacco farmers of North Carolina. The order restricts the importation of a number of products, classed as luxuries, and tobacco is included. The Britishers have not stated just how big a cut will be made in the importation of tobacco, but in the case of paper and materials for the manufacture of paper, it has been officially stated that licenses are to be issued for the importation of a quantity amounting to two-thirds of the normal imports and it is reported on good authority that the same rule will hold as to tobacco and other products.

That this will affect North Carolina tobacco farmers is readily seen when one considers that the greatest tobacco customer of the United States is Great Britain. During the calendar year of 1914 the amount of unmanufactured tobacco imported into Great Britain from the United States was 138,985,243 pounds, valued at \$48,336 pounds sterling, or more than \$20,000,000. The British do not purchase any large quantities of manufactured tobacco from the United States, the total cigarette imports for 1914, for instance, being valued at just a little more than \$10,000. They take an immense quantity of flue-cured tobacco, such as is grown in North Carolina, and a decrease of one-third in exports will pull down prices sharply. There has been a decided tendency toward over-production in flue-cured tobacco in the last two years and the United States Department of Commerce and Labor is of the opinion that our domestic manufacturers are fully stocked.

It is possible that the cut may be bigger than above stated. The Department of Commerce and Labor sees only one ray of hope and that is that the restriction of imports will not seriously affect the consumption of tobacco in England and that the effect will be to deplete British stocks, thus creating a demand for new supplies from this country. The British importers may prepare for this demand by making purchases in this country for future delivery. The United States Department of State is understood to be conducting negotiations with the British Government with a view to obtaining some modification of the provisions of the order in council.

Maj. W. A. Graham, Commissioner of Agriculture, is promised additional information in regard to the tobacco situation as soon as it is obtainable.

Arrange For Next Press Meet.

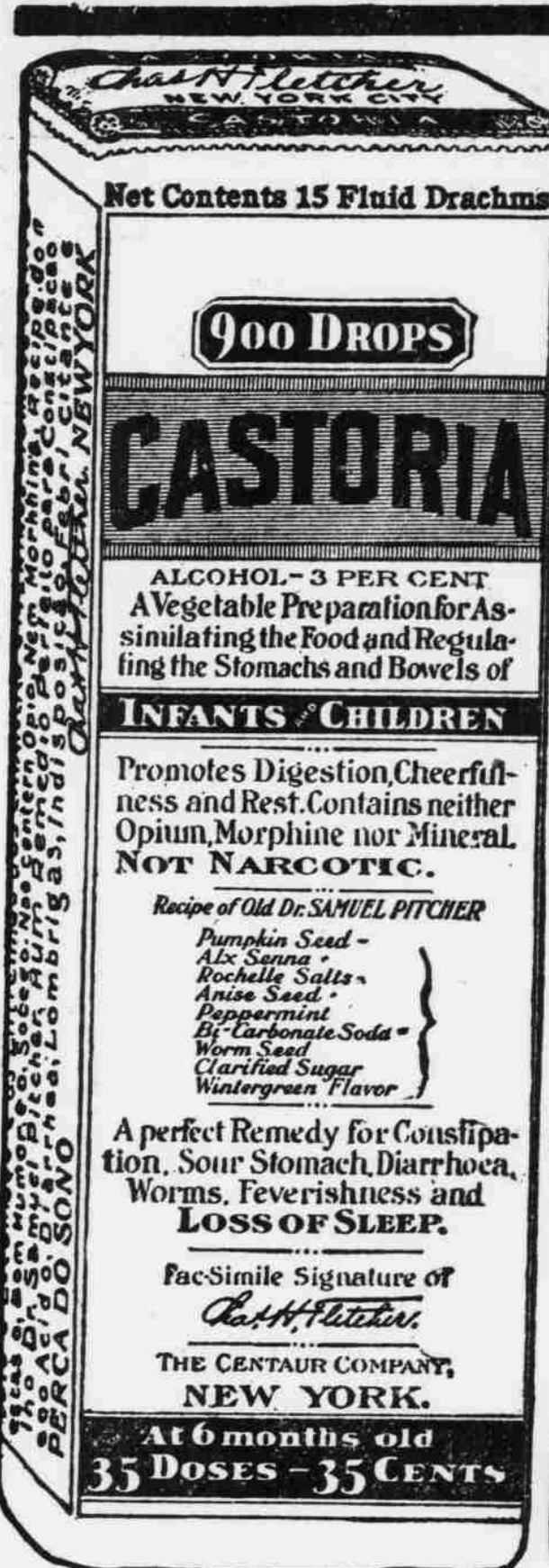
Concord.—Secretary John B. Sherill of the North Carolina Press Association has issued a call for a meeting of the executive committee of the association to be held at the Haffner Hotel in Greensboro at 1:30 p. m. April 11 for the purpose of selecting the place and date for the next annual meeting of the association. Members of the association are requested to write to any member of the committee, expressing any preference as to time or place to meet or offering any other suggestions. The members of the committee are: Jas. H. Cowan, Wilmington Dispatch; H. A. London, Pittsboro Record; R. R. Clark, Statesboro Landmark; H. B. Varner, Lexington Dispatch; J. H. Caine, Asheville Citizen; T. J. Lassiter, Smithfield Herald; J. B. Sherrill, Concord Times and Tribune.

Mimosa Inn, Tryon, Burns.

Asheville.—A message from Tryon stated that Mimosa Inn, a popular resort hotel one and a half miles from the town, was destroyed by fire. The inn was filled with winter visitors and it is stated that no lives were lost and the guests saved all their trunks and belongings. The loss is estimated at \$100,000 and it is said that there was no insurance. W. H. Sterns is the owner. Mr. Sterns had recently put in private baths and improved the grounds. The annex was also burned.

Let Contract For Road Work.

Asheville.—West Asheville took a long step toward the completion of a splendid system of highways when the aldermen let a contract for 3,000 square yards of paving. The bids call for an eight-inch concrete base and a surface of sheet asphalt. The county commissioners recently donated \$3,000 to West Asheville for road purposes, and the aldermen have arranged for enough to make an expenditure over \$65,000 for road work. Work the new road will begin immediately.



CASTORIA

For Infants and Children.

Mothers Know That Genuine Castoria

Always Bears the Signature of

of

In Use For Over

Thirty Years

CASTORIA

THE CENTAUR COMPANY, NEW YORK CITY.

City Has a History.

Hamadan, the Persian city, seems to be the Ekbatana or summer residence of the ancient Persian kings, where Alexander the Great stored his enormous loot from Persia, estimated at over \$205,000,000. But there is to be a geographical difficulty about identifying it with the earlier and still more interesting Ekbatana described by Herodotus—the city where the first Median kings, Deioces, realizing the ideal of royal isolation by shutting himself up in a palace on top of a hill, surrounded by seven fortified circles of different colors descending the slopes in order, and allowing the inhabitants of these to communicate with him only by writing.

Only a true Christian can pray for rain if his roof leaks.

Trouble makers are as plentiful as peacemakers are scarce.

Advice to the Healthy.

Don't spit on floors or sidewalks. Set the consumptive a good example. If you must spit, spit into gutters or into a spittoon.

Live in the open air as much as possible.

Keep the windows open summer and winter, at home and at work.

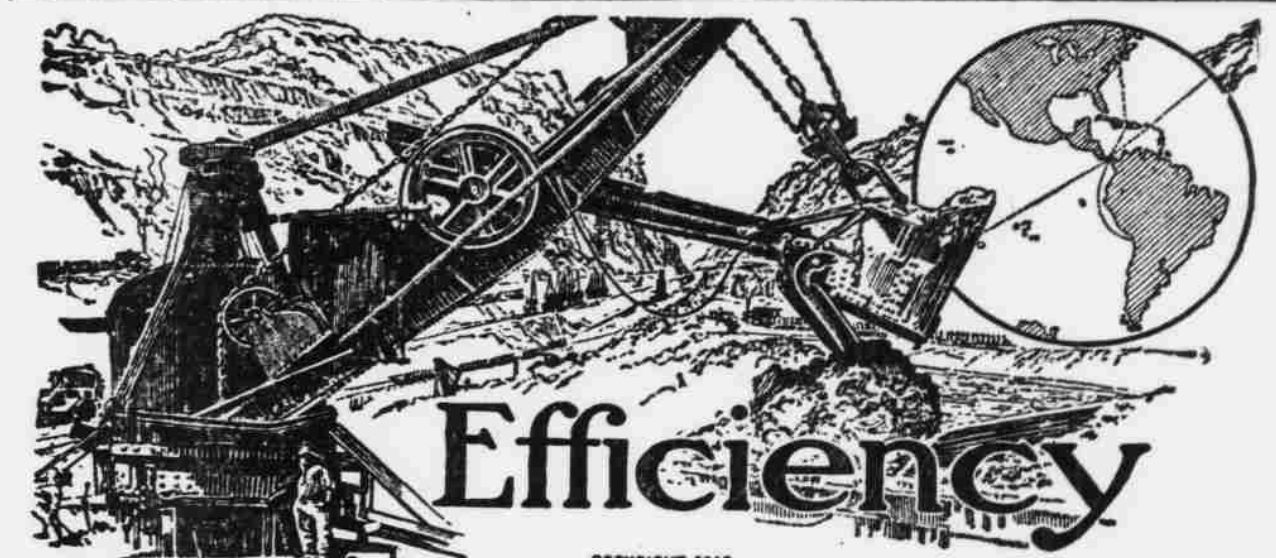
Sleep with the windows open; but be sure that the entire body is warmly clad.

Fresh air, whether moist or dry, warm or cold, is good for you.

Breathe through the nose. Breathe deeply.

Avoid dust. Avoid dusty occupations. Never stir up dust by dry sweeping. Sprinkle water or moist sawdust, or moist bits of paper over the floor before sweeping. Dusting should be done with a moist cloth.

"If" and "but" are among the little things that count.



Efficiency built the Panama Canal, after inefficiency failed. The efficiency of the Panama Canal doubled the effectiveness of the U. S. Navy without adding a ship to it. It took over 8,000 miles out of the trip from New York to San Francisco and changed the highway between London and Australia from Suez to Panama.

Efficiency insures against lost motion—it produces the utmost service out of equipment and yields the finest product, at the least cost.

Certain-teed Roofing

is an efficiency product

Every advantage that men, money and machinery can offer is used to increase the production, maintain the quality and lower the cost. Each of the General's enormous mills is advantageously located to serve the ends of efficient manufacture and quick distribution. Each is equipped with the most up-to-date machinery. Raw materials are purchased in enormous quantities and far ahead of the needs of manufacturing, thus guarding against increased cost due to idle machinery. This also insures favorable buying, and the pick of the market.

Expert chemists at each mill are employed to select and blend the asphalts, and every roll of CERTAIN-TEED is made under their watchful care

CERTAIN-TEED resists the drying-out process so destructive to ordinary roofing, because the felt is thoroughly saturated with a blend of soft asphalts, prepared under the formula of the General's board of expert chemists. It is then coated with a blend of harder asphalts, which keeps the inner saturation soft. This makes a roofing more pliable, and more impervious to the elements than the harder, drier kind.

CERTAIN-TEED is made in rolls; also in slate-surfaced shingles. There is a type of CERTAIN-TEED for every kind of building, with flat or pitched roofs, from the largest sky-scraper to the smallest residence or out-building.

CERTAIN-TEED is guaranteed for 5, 10 or 15 years, according to ply (1, 2 or 3). Experience proves that it lasts longer.

General Roofing Manufacturing Company

World's Largest Manufacturers of Roofing and Building Papers
New York City Pittsburgh Philadelphia St. Louis Boston Cleveland
Chicago Detroit San Francisco Cincinnati New Orleans
Los Angeles Minneapolis Kansas City Seattle Indianapolis
Atlanta Richmond Houston London Sydney